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SEPTEMBER 2024



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calendar of activities & events

Beloved Gram

Deep Roots in St. Clair County

PREFACE: *When I was a little girl, in the 1970s, the first friend I made was my cousin, Lisa Dalrymple Stone. Lisa's mother, my Aunt Jody, was my mother's sister; her father was my Uncle Dave. My earliest memories are of us playing at her Gram's house in the late '70s. Gram was Lisa's great grandmother on her father's side. I do not know why Lisa and I were always playing at Gram's house instead of our own. Whether we were making mud pies or playing tea party with Gram, I am thankful for all those summer days filled with laughter and fun times. Gram made those memories possible.*



Us girls playing in Gram's living room during a sleepover. I'm on the top of the stack and Lisa is on the bottom left, with the Soul Train TV in the background

It makes me smile today when I recall the many times my Uncle Dave would show up at Gram's dressed to the nines. He would make a beeline for the television, turn on Soul Train, and suddenly Gram's living room would transform into a dance floor. Uncle Dave loved music and would get us all dancing with him to the sounds of the '70s. I thought my Uncle Dave was the coolest person on the planet!

I will never forget the night I learned Elvis Presley died. My sister and I were staying the night with Lisa at Gram's. It was a hot summer night. The air was sticky. We were three little girls, all with the case of the giggles. Gram had come in and asked us to settle down for the night. There was no air conditioning to keep you cool back then, so it was hard to sleep. To help us settle, we listened to some music on the transistor radio. After the song "Rich Girl" finished playing, the radio DJ announced that Elvis had died that day. I remember Lisa was devastated and she cried and cried. That evening, I learned my cousin was named after Elvis' daughter, Lisa Marie Presley.

As a child, it never crossed my mind that Gram had lived a whole life before we came along. I did not see her age, I only held love and fond feelings for her. When I grew older and learned Gram was no relation to me, I was devastated. Now, as women in our mid-50s, Lisa and I still talk about Gram, and each time I learn something new about her from our conversations. Lisa often tells me Gram was the one person in her childhood who showed her unconditional love, and how thankful she is to have had her as a role model. She attributes Gram as "being her greatest teacher." Recently, Lisa shared some of Gram's old handwritten notebooks with me. In these books were recorded details about her family and current events.

Gram was an outstanding source of love and support in Lisa's childhood, just as Lisa has been to me over the years. Because Lisa is so important and holds great value to me, I wanted to show her my appreciation by writing a story about her beloved Gram.



Uncle Dave



Lisa with Gram, circa 1970s

Gram's real name was Florence Erva Crockard, but everyone just knew her as Erva. She was born on her family's farm in St. Clair Township, St. Clair County, Michigan, on September 27, 1887. She had strong roots in St. Clair County on both sides of her family. Her father,

William E. Crockard, was born in St. Clair Township in 1857 and his father, Hugh Crockard was born in Ireland. Hugh migrated to St. Clair Township before William was born. Erva's mother, Clara R. Mallory, was also born and raised in St. Clair Township in 1868 to parents Benjamin Mallory and

See GRAM Page 6

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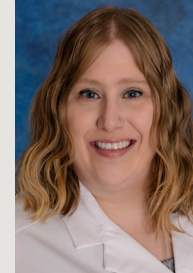


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Vocabulary Voyage
Compiled By Laura Irwin, ThumbPrint News Staff


"Being ignorant is not so much a shame as being unwilling to learn." – Benjamin Franklin

bumfuzzle bum·fuz·zle | bəm|fəzəl
A transitive verb meaning to be confused, flustered, or perplexed or to cause confusion; alternatively, dumfoozle. First known use: 1870s, most likely an alternative to bamboozle which dates from 1703 of unknown origins. Ex: Do not be bumfuzzled by the tricks and doubletalk of scammers trying to obtain your personal information.

flibbertigibbet flib·ber·ti·gib·bet | fli·bər-tē-'ji-bət
A noun meaning a frivolous, flighty or excessively talkative person. First known use: 15th century from Middle English *flepergebet* – gossip or chatterer. Ex: The office gossip is a flibbertigibbet who isn't happy unless he's talking about someone else.

kerfuffle ker·fuf·fle | kər-'fə-fəl
A noun meaning a disturbance, scandal or commotion; a disorderly outburst. First known use: 1908 from Scots, Scottish Gaelic *car - caerr* wrong, awkward + *fuffle* to become disheveled. Ex: There was quite a kerfuffle at the truck stop when someone mischievously unlatched and left open the door on a tractor-trailer hauling live chickens.

A good vocabulary is a powerful tool, making communication simpler. Readers can contribute to our learning journey by submitting underused, misused or uncommon words they've discovered to thumbprintnews@comcast.net. Your name will be credited as the contributor.




WHO DO YOU TRUST?

By David Gillis, ThumbPrint News Columnist

Who do you trust? No, I'm not writing about the late 1950s television program that gave comedian Johnny Carson his beginning, for those in my age bracket who can recall the show. And forget that the question isn't even grammatically correct. Errors are so common in our vocabulary today that in casual speech no one ever notices or cares. But, again, that's not what I'm writing about. And, no, I am not writing about political candidates seeking government positions, especially during this year's almost hostile campaign venues.

I suggest you have the answer to my question, and you will find it in your purse, wallet, or pocket. Most of us don't normally read our coins or currency, but printed clearly on each coin and on the back of each bill are the words, "In God We Trust." Not only are those four words a part of millions of financial transactions every day, but they also became our national motto by a resolution of Congress in 1957.

With all the conflict and turmoil we seem to be witnessing today, which has been building during the last several decades, one must ask the question, "Do we really trust in God?"

If we reflect on our foreign and domestic policies or recent man-created tragedies, we might deduce that there is probably more trust in attained power than in God. How we respond to natural disasters is also a consideration. The message here, however, is not about life generally in America, but rather about our individual lives and those of our families. Thus, we each need to ask ourselves this same question: "Do we trust in God?"

Possibly, prior to answering this question, we should make certain that we have a clear understanding of what we mean when we use the word trust.

From any dictionary or Google search, we will find several definitions but I believe this one best encapsulates the meaning: "A firm belief in the reliability, truth, ability or strength of someone or something." Accordingly, our trust in someone or something depends on whether or not we believe them reliable. In other words, can we depend upon them in any circumstance? Do they deeply care for us? Another view might be whether we truly have faith in anyone or anything. With these perspectives in mind, do we have faith in God?

Most of those reading this message might naturally say yes. But do we really have faith in God? Do we really trust God? And why should it matter?

It seems so easy to trust in God; to have faith in Him and there should be no reason not to do so. However, might that mean we should have no fears, worries, or anxieties? Unfortunately, we all know that is not the case, but trust and faith in Him during our trials and tribulations brings about a shift and diminishing of worry and fear.

So, we're faced with a challenge. What are the obstacles to trusting God, and having faith in Him? Maybe the greatest roadblock to trusting God is the pride we find within, aka, our egos. We don't want to lose control to anyone, not even God. As a result of our desire not to surrender to God, we do not fully trust Him, which reduces the peace we can expect in our lives.

There's an answer to this dilemma and it can be found in the Bible (Romans 5:1-5). If we read these passages we'll find the connection between faith, hope, peace, and God. We'll understand that His love dwells in each of us, which is a compelling reason we should trust and have total faith in Him.

So, is "In God We Trust" right for you? The question, of course, is yours to answer. 🌱

Author's note: For those wanting to express their thoughts regarding this article, you may send an email message to me at chaplaindgillis@gmail.com. I promise I will reply.

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NERVE REGENERATION IS POSSIBLE

Submitted by Christopher J. Zimmer, D.C. Owner of Zimmer Chiropractic

Most people are familiar with the central nervous system (CNS), i.e. the brain and spinal cord, but we also have the peripheral nervous system (PNS) that has thousands of nerves that are crucial performing daily tasks. When any of these nerves are damaged, the disruption to nerve impulses can have severe consequences and negatively impact quality of life.

For many years, it was believed that peripheral nerve damage was permanent and unable to be reversed. However, with new technologies like shockwave therapy emerging, peripheral nerve regeneration (PNR) is becoming increasingly easier, with faster recovery time. Although we are still learning about the effects of peripheral nerve damage and how to combat it, the good news is, nerves can regenerate and repair themselves faster with the help of not only electrical stimulation but diet and exercise.

The length of time that it takes for peripheral nerves to heal varies depending on the severity of the injury and the location of the damage. The speed and frequency with which patients seek natural or surgical remedies can also affect how quickly the nerves heal. In general, it takes several weeks to several months for the peripheral nerves to fully heal.

The PNS can be broken down into two subsystems: autonomic and somatic. These two systems have three main functions: managing your senses, movement and unconscious processes. The somatic system is responsible for sensory and movement processes. The autonomic system manages the bodily processes that the brain runs automatically, i.e. breathing and maintaining a steady heartbeat and blood pressure.

If any group of peripheral nerves is damaged, the injury can prevent normal motor and sensory functions. So even though peripheral nerve damage is less common than injuries to the CNS, nerve regeneration is crucial for restoring function and improving quality of life.

The natural process of PNR is complex and involves the participation of several cell types, including Schwann cells, fibroblasts and macrophages. Schwann cells are perhaps the most important players in regenerating peripheral nerves because they produce myelin, which insulates the nerve fibers and helps speed up the transmission of nerve impulses. Without myelin, any information from the world around you cannot efficiently make it back to the brain, and commands from the brain are not transmitted smoothly.

Other factors that can promote peripheral nerve regeneration include providing adequate blood supply to the affected area, maintaining proper nutrition and ensuring that the damaged nerve(s) is not subjected to excessive stress or tension. Specific vitamins, fruits and vegetables, electrical stimulation and daily exercise are additional things to help promote PNR. Vitamin B is an essential nutrient for healthy nerve function. Eating foods that are rich in vitamin B, as well as vitamin B12, vitamin D and vitamin E, and taking supplements can speed up the natural regeneration process and help patients recover more quickly. A diet rich in fruits and vegetables, green and leafy vegetables in particular, can also provide these key nutrients to support nerve function and regeneration. Fruits that are high in antioxidants – like berries, peaches, cherries and oranges – can decrease inflammation and reduce nerve damage.

Electrical stimulation can help by stimulating the growth of new blood vessels and nerve fibers. Regular use of electrical stimulation can accelerate nerve regeneration by increasing the growth of the nerve axons, which leads to earlier muscle function recovery. Electrical stimulation essentially takes the body's natural response and boosts it so that patients can see results quicker and experience improved function. However, it is important to note that electrical stimulation offers more effective and efficient nerve regeneration for motor nerves than it does for sensory nerves.

Finally, regular exercise can help improve circulation and promote the growth of new blood vessels, which is crucial to nerve regeneration. Like electrical stimulation, daily exercise promotes axon growth and shortens recovery time. Combining both exercise and electrical stimulation can decrease healing time significantly, especially during the early stages of recovery.

The above remedies can offer visible improvement in nerve regeneration, as well as improved daily performance, general mobility and agility. The top three benefits of regenerative medicine are restored function, reduced pain and improved quality of life. 🇺🇸

Editorial note: Dr. Christopher Zimmer, owner of Zimmer Chiropractic, has been freeing people from pain since 1984. Dr. Zimmer and his staff are committed to promoting the health and well-being of all patients. For more information, please visit zimmerchiro.com or call the Port Huron location at (810) 987-7500.

FALL INTO BETTER HEARING

Fall is upon us! As we approach the holiday season and look forward to gathering with family, our ability to communicate is key to healthy relationships. We often reminisce with the family about the good old days and discuss the children growing so fast and approaching adulthood. The little one's imaginations are running wild and they love to come whisper secrets in grandma or grandpa's ear. How unfortunate it would be if we miss out on these once in a lifetime moments because we are disconnected due to our inability to hear and/or understand what's being said or going on around us.

Hearing loss is a major problem for all ages due to the noise that surrounds us daily. However, as we get older, it worsens and if left untreated, that minor loss can become major and have debilitating consequences. Hearing loss results in cognitive decline because our brain tries to overcompensate to process what was once easy; consequently other parts of the brain are no longer able to function at full capacity. This often contributes to dementia and Alzheimer's later in life.

Hearing loss also takes a major toll on our emotional health and close relationships. According to a 2007 survey published in the *ASHA Leader*, 35 percent of participants reported that out of all of their relationships, the one with their significant other suffered the most. When we experience hearing loss, we tend to withdraw from those close to us because we fear them becoming frustrated or even getting angry due to continuously having to repeat themselves. These situations create resentment, loss of companionship, loss of intimacy and decreased communication between loved ones. Often, we avoid social interactions all together because we cannot keep up; therefore, we feel that we have nothing to contribute. Our self-esteem takes a major blow and we begin to isolate ourselves, become less connected and are likely to suffer from anxiety, depression and paranoia.

There is hope! With the advancements in technology, hearing-assistive devices can alleviate hearing loss communication barriers. Hearing aids can restore and amplify lost sounds, allowing us to hear things that we have been missing for quite some time. This in turn, strengthens our self-esteem, confidence and sense of safety. With our newfound hearing, we often begin participating more in social activities and reconnecting with our loved ones, who have been waiting for us to come back to life!

Editorial note: Beltone Skoric Hearing Aid Center has been serving the hearing-impaired community in Michigan for over 30 years. They have made it their mission to educate about the negative effects of untreated hearing loss. For more information, please visit their website www.beltoneskorichearing.com or call to schedule a free hearing exam at one of their 38 locations: (810) 356-0559.

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Florence Erva Crockard on the Crockard Farm in St. Clair County, MI, circa 1909



The Crockard Homestead (Gram's childhood home) in St. Clair Township, date unknown

Erva loved school and in 1901, began high school in a one-room schoolhouse in Port Huron. A few years later (March 1904) when finances improved, they were able to move back to the family farm where she was able to finish her schooling at the Rattle Run School. After school, she took and passed the teacher's exam in the summer of 1906. In those days, if you passed the eighth grade and passed a teacher's exam, you could teach school. Erva's first job was teaching at the Pink School in what is now Columbus Township. To continue teaching, she would have to pass an annual teacher's exam. She taught second and third grade. The younger students were taught reading, writing and spelling. In later grades students would progress to learning physiology, history and geography.

An article in the *Port Huron Times Herald*, dated December 26, 1906, describes Erva's first classroom at Christmastime, ***"The entertainment given by Erva Crockard and her pupils on Friday evening was a grand success in every particular. The school room was beautifully decorated with green and red streamers suspended from a large red tree was loaded with presents. Santa Claus played an important part in distributing the presents. The flag drill given by the girls was fine and showed much work on the part of the teacher and pupils. The teacher was the recipient of many handsome presents."***

From 1906 until 1912, Erva taught at the Smith's Creek School, Rattle Run School, the Big Hand School, and the Pink School. She was not the only teacher in her family, her sister, Erma, also became a schoolteacher.

In reviewing Gram's genealogy, I discovered teaching was in her blood. Her grandmother, Martha Carleton Mallory, had two brothers who would go on to pursue education as their careers.

Moses F. Carleton, who was born in 1831, attended public schools in St. Clair and began teaching at 16. For 19 winters he taught in the district schools of St. Clair and Macomb counties. In 1854, he taught school in Illinois. In addition to teaching, he also farmed the land on his family's old homestead, 2½ miles southwest of the city of St. Clair. Moses was also one of the organizers of the St. Clair County Pioneer Association. He was considered an authority on the early

GRAM
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Martha P. Carleton. Benjamin was born in 1822 in Jefferson County, New York. He moved to Ontario at nine years of age, and eventually moved to St. Clair Township where he worked in lumbering. Martha, was born in 1832 in New Hampshire, but her family moved to Michigan about the time it became a state in 1837. The Carletons were one of the pioneer families of St. Clair County.

Erva was the oldest of William and Clara Crockard's four girls. Her younger sisters were Edna (b.1889), Elsie (b.1891), and Alice (b.1897). They grew up on the family farm in St. Clair Township on the Gratiot Turnpike. The community later became known as Rattle Run/Smith's Creek. Due to financial hardship, they left their farm in November 1899 to live in Port Huron.

Erva loved school and in 1901, began high school in a one-room schoolhouse in Port Huron. A few years later (March 1904) when finances improved, they were able to move back to the family farm where she was able to finish her schooling at the Rattle Run School.

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Late 1800s picture of a one room schoolhouse, courtesy of the Port Huron Times Herald

history of St. Clair County and had a remarkable memory for dates and other pertinent points. Moses died in Port Huron in 1905.

Miles H. Carleton, who was born in 1841, attended the Michigan State Normal School and the University of Michigan, holding a bachelor's and master's degree in science, art and literature, a bachelor's degree in the college of law, two certificates from the department of medicine and surgery and one in dissecting. He also held four professional life certificates from the states of Michigan, Minnesota,



Clara Mallory Crockard, courtesy of Ancestry.com

McCormick & Rattle Run School Reunion, 1940 – Clara R. Mallory Crockard – pictured far right, courtesy of the Port Huron Times Herald

Nebraska and California. He eventually moved to Nebraska and taught college there. He died in 1917. While Erva's mother, Clara, was not a teacher, she had grown up in a household that valued education. She passed that importance onto her girls, and it is no surprise Erva took up the profession at an early age. Throughout the 1930s, Clara was heavily involved in organizing the annual McCormick School and Rattle Run School reunions often with help from Erva. Clara is pictured here (far right in her floral dress) as President of the McCormick School Group, during a reunion held on August 12, 1940, in Marysville Park. At the reunion, Clara, was awarded a prize for being the most mischievous girl during her school days.

Erva gave up teaching when she married Howard Mackley on June 26, 1912, in a ceremony held at her parent's farm. They set up house in St. Clair. Erva and Howard knew each other for several years before they were married.

In 1907, Erva, her sister Edna, Howard and Walter Haar all spent the day together at Tashmoo Park according to the *Rattle Run Community Section of the Port Huron Times Herald* dated August 8, 1907. Howard worked as a second mate on various ships on the Great Lakes and was often gone from home for extended periods. A little more than a year after the happy couple were married, the great storm of November 1913 occurred.

In Erva's own words, "Howard and I were married June 26, 1912. We lived at 708 Sixth Street in St. Clair. Howard was a second mate on the steamer *Charles A. Price*, which was lost with many other boats and crews in the big storm on Lake Huron on November 9, 1913 (Sunday)." According to Paul Carroll in his book, *The Wexford: Elusive Shipwreck of the Great Storm, 1913*, ***"Early Sunday morning (November 9, 1913) second mate Howard Mackley mailed a letter to his wife as the Charles S. Price passed Detroit. A short time later, as the steamer fought her way up the St. Clair River, Mackley pulled the ship's whistle to salute his wife, who was waving from the dock at their St. Clair home. Such was customary. Warding off the hard weather, dozens of friends and relatives went to the docks that morning in the many ports along Huron."***

All of the 29 crew members of the *Charles S. Price* perished in the storm. Eleven bodies washed up at Port Frank, a little Canadian fishing village about 20 miles north of Sarnia a few days later. Seven of them were identified as members of the crew of the *Charles S. Price*. Howard was not among them.

A few days after the storm, a capsized ship was spotted in Lake Huron. Divers



From a newspaper (no masthead or date) from the St. Clair, Michigan area, published in November 1913 showing Howard Mackley, his wife, and the Charles S. Price, courtesy of Ancestry.com.



Heartworm Disease in Dogs and Cats

By **Dr. Elizabeth Gray**, *ThumbPrint News* Columnist

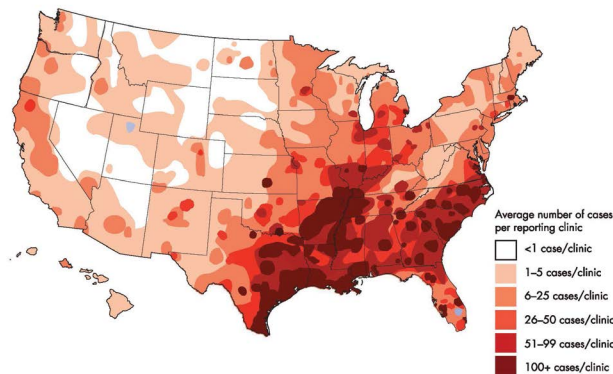
Mosquitos are responsible for the spread of several life-threatening diseases, including heartworm disease. Several species are affected by heartworm; it has been diagnosed in dogs and cats in all 50 states. It is estimated that over a million dogs and cats have heartworm disease in the United States. In most veterinary clinics in the U.S., a minimum of 1-5 heartworm cases per clinic were diagnosed in 2022. This number doesn't include all the pets who do not receive routine veterinary care.

Every three years, the American Heartworm Society gathers data on heartworm testing to understand the impact heartworm is having nationwide, as well as in specific regions. To see how things have changed over time, visit heartwormsociety.org. To

2022 HEARTWORM INCIDENCE



© American Heartworm Society. The severity of heartworm incidence as shown in this map is based on the average number of cases per reporting clinic. Some remote regions of the United States lack veterinary clinics, therefore we have no reported cases from these areas.



the left is the 2022 map, showing where heartworm cases have continued to trend upward across the nation, including Michigan.

When an adult mosquito bites an infected animal, it picks up baby heartworms along with a blood meal. After several days of development, the worms are ready to be deposited into a new host through the mosquito's bite wound. These worms set up residency in the heart, lungs and pulmonary

blood vessels of pets, causing damage to these important systems. This damage can be fatal to both dogs and cats.

Treatment is possible for some dogs; however, it comes with severe risk, as well as a heavy price tag. Heartworm treatment includes a series of deep muscle injections to kill the heartworms living in your pet. These injections can cause lasting pain. Long-term oral medications are also prescribed in addition to these injections. Strict rest is required for months during and after treatment to decrease the risk of complications. Any activity increases blood flow to the lungs which increases the possibility that dead worms will block blood flow. This can result in severe complications and even death.

While treatment is available for dogs there is no reliable and readily available treatment for heartworm disease in cats. Treatment is usually aimed at decreasing symptoms. Since cats are not the preferred host for heartworm the disease progresses in a different fashion. There are no clinical signs noticeable in most cats. Some will develop chronic respiratory disease, such as intermittent coughing and increased respiratory effort. Severe symptoms are possible including respiratory distress, collapse, seizures, or sometimes sudden death.

We can't protect our pets from every bug bite. That's why heartworm prevention is key. Through annual monitoring with your pet's veterinarian and heartworm

prevention medication, you can keep your pet safe and healthy. Heartworm prevention is highly effective and can be administered orally, topically, and even by injection. Several products also include coverage for other common parasites, including fleas! Make sure your pet is protected! 🐾



Fall is for football, **NOT** heartworm infections.

Editorial note: Dr. Gray can be found at Cobblestone Veterinary Hospital at 8504 Lapeer Road in Kenosha. They are still providing house calls with In The Pink Mobile Pet Care. To reach out to Dr. Gray, please call (810) 985-3011 or visit her website at inthepinkpetcare.com.

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THUMBPRINT NEWS PET PHOTO CHALLENGE

Meet Tooms, Tugger and Cinnamon from Troy, MI

Tooms, my German shepherd, loves to listen while we read *ThumbPrint News* each month! Tugger likes to get up close and climbs on my lap to see the paper better. And Cinnamon needs to be on the table, so she can turn the page for me if I'm too slow - leaving teeth marks behind.

Thank you, Mark P., for sharing your awesome pets with us!

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COTTAGE Living
By Pamela Lynn Hayes
ThumbPrint News Columnist
pammypoo123@icloud.com

Usually around the first or second week of August, you can hear the crickets in the early morning hours and the late evening, to me that is the sign that most of our summer has passed. Of course, we still have a couple of months of decent weather to go yet.

I have never been a fan of fall, never got excited about pumpkins, falling leaves, slow annoying bees landing on your arm or the smell of a fresh, crisp morning dressed in a sweater. I just don't understand the thrill of it all. I'll take the earthy smell of the land after a summer thunderstorm or rain shower any day over the falling leaves.

But yet, here we are. Fall is just around the corner for us. This year doesn't seem so bad, what with the election in November. It promises to be an interesting one, considering the sad state of affairs our country has been in the past four years. Time will tell that story.

Around early-to-mid-September there seems to be a weather shift in the air, the mornings are a bit damper, and the air just has a different feel to it, almost like summer has left the building. Michigan does have some beautiful seasons; we all have our own favorites. We are lucky enough to have our five Great Lakes and beautiful countryside and farming land in this state.

I'm dreading even thinking about closing up my cottage and am hoping to push it off until late October. Until then, I still have a little over two months to enjoy my little piece of Heaven. As far as I am concerned, summer is still here until the last leaf falls. 🍂

Happy September (not-fall), ThumbPrint News Readers!

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My Mish-Mash Thoughts

By **Rita MacDonald**, *ThumbPrint News* Columnist



About an hour ago or so, I was messaging with my sweet and funny friend, Zhela, on Instagram, and we were sending hilarious Reels back and forth to each other. I finally said, "Hey – on a serious note – give me some content for a story because I've got a deadline tonight to turn one in at the newspaper."

So, here's what she gave me...

- Awe
- Iran-Contra Affair
- Panic attacks induced by the minutia of traveling.
- The cure for entitlement.
- Loneliness is worse than smoking.
- Planting flowers even though they eventually die.

My response? "You're killin' me, Smalls." But okay, I love a challenge...

AWE: My sweet, funny friend and I both just finished reading *Awe* by Paul David Tripp, and we have been texting in a 3-way friendship group chat about the things throughout our days that we find ourselves in awe of. The premise of the book is basically that we ALL have an "awe problem". If we were more aware of how sovereign God is, and how everything around us is awesome, we would all grumble and complain a whole lot less. (That's my own simple, unsophisticated explanation of the book). It has definitely made me more aware of my own "awe problem". I highly recommend you read it, too!

IRAN-CONTRA AFFAIR: A secret U.S. arms deal that traded missiles and weapons to free American hostages held by terrorists in Lebanon, and funded arms to support the conflict in Nicaragua. (Fun fact: I was in Honduras at the time.) In the words of the great philosopher, Robertus Johnsonus, "Sin causes brain damage."

PANIC ATTACKS INDUCED BY THE MINUTIA OF TRAVELING: Leave 10 minutes early, expect delays, find some good music, an audiobook, or make a phone date with a close friend. Most importantly – chill out, people. Oh, and if someone wants to get over into your lane, please let them. Speeding up so that they are unable to merge and are forced into a head-on collision with a cement wall is not very nice. Just saying. Michigan – we can do better. Again, chill the heck out.

THE CURE FOR ENTITLEMENT: Just my opinion but... FOUR years of active-duty military for everybody, straight outta high school. No whiny excuses.

LONELINESS IS WORSE THAN SMOKING: Okay Zhela Bella, this one just made me laugh. I'm rarely lonely. In fact, an old friend of mine used to constantly remind me, "It's not good for me to be alone." And I often felt obligated to find things to do with them, because they were just so pitifully sad at home alone. And then I'd miss my own alone time, and finally I'd get crabby and think to myself, "It's not good for ME to NOT be alone!" So, coming from someone who rarely gets lonely, and actually used to enjoy smoking...I guess I'm glad to never really be lonely, and also so happy I don't smoke anymore!

PLANTING FLOWERS EVEN THOUGH THEY EVENTUALLY DIE: Well, I love planting flowers. In fact, I planted a few more today. It's quiet time alone, I get to work out a whole lot of things in my head, and it's just so therapeutic to get your hands in the dirt, and then stand back and look (in awe) at what you've accomplished and created. This, of course, is followed by a shower and a rest in a lounge chair on the porch to wave at all of the passersby admiring your hard work. So what if they die at the end of the season? It's the beauty of living in Michigan – seasons change as quickly outside as they do in our lives, and all four of them have their very own unique beauty for us to be in awe of.

And, a little MISH-MASH of wisdom from friends over the years:

- "People only know what you tell them." Claudette
- "Stop paying everything for your kids. They can take student loans, but you can't take a retirement loan." Katie Mielock
- "Loose lips sink ships." Leonard Vereen, my Army recruiter
- "Work smarter, not harder." Me
- "Sometimes, you just gotta salute and say, 'Yes, Sir!'" SFC Anthony Kouis "Skip", my pal in Korea
- "LEAD. Don't PUSH!" SFC Rick Mehl, my boss in San Jose, CA

Well, that's all she wrote, folks. Happy September, from the bright green lounge chair, on my big front porch, with my bright purple flowers that I'm in awe of right now – you know, even though they're going to die! 🌱

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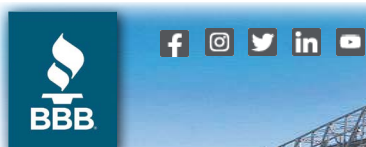
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BBB ALERT: BEWARE OF QR CODE SCAMS

As Quick-Response codes, commonly known as QR codes, become increasingly common in our daily lives, scammers are taking advantage of this convenient technology to carry out a range of fraudulent activities. From fake parking payment systems to phishing websites, QR code scams are on the rise.

QR codes are widely used for various legitimate purposes, such as accessing restaurant menus, making payments or obtaining tickets for events. However, scammers have found ways to exploit this technology by directing users to malicious websites or fraudulent payment portals. Reports to the Better Business Bureau® and warnings from police departments nationwide have highlighted several schemes involving QR codes, including fraudulent parking meter payments, cryptocurrency/romance scams and phishing attempts.

"Scammers are always looking for new ways to exploit technology, and QR codes are no exception," said Nakia Mills, BBB Serving Eastern Michigan and the Upper Peninsula Marketing Director. "We want to remind consumers to double-check the source and really look at the preview link of any QR code before blindly visiting the code's destination."

One common QR code scam involves fake parking meter payments. Scammers place fraudulent QR codes on parking meters, leading drivers to believe they can pay for parking through the code. In reality, the payment goes to the scammer, leaving the victim with a parking ticket or, worse, a towed vehicle.

One consumer shared their experience with BBB Scam Tracker, "There was a sign by the parking spot asking us to pay with credit card. We followed the instructions to provide our credit card info and expected to pay a few dollars. Our credit card company texted us immediately asking us to confirm a charge of around \$49.99. Of course we declined the charge, and we left the place. Few days later, the company tried to charge us again...I was told that we signed up for some kind of streaming service."

In other schemes, criminals use QR codes to direct victims to imposter websites or to download malware onto their devices. These codes often appear in unsolicited mailings, on flyers or in other public places, tricking users into providing personal information or compromising their devices.

To protect yourself from QR code scams, BBB recommends the following tips:

- **Check for signs of tampering.** Some scammers attempt to mislead consumers by altering legitimate business ads or placing stickers over the QR code.
- **Protect your device and your accounts.** Be sure to install the latest updates on your mobile device and always use two-factor authentication. This will add a layer of protection if a criminal uses a QR code to gain access to your phone.
- **Avoiding QR codes found in unsolicited communications.** Avoid scanning codes sent via email, social media or text messages. If you are not sure about a QR code on printed materials, type in the organization's URL directly into your browser instead.
- **Be cautious of shortened URLs.** Always look at the destination URL preview before clicking to follow the link. If a QR code says it will open a shortened link, you can't know for sure where the code is directing you. It could be hiding a malicious URL or not belonging to the organization you are trying to pay.
- **Carefully view the destination website.** Before entering any information, carefully review the website to be sure the URL in the address bar is that of the organization you expected to see. Also check for spelling errors, grammatical errors and low-quality images.

If you believe you might have been targeted by a scammer, call (866) 788-5706 or visit BBB.org/ScamTracker. For more helpful tips and resources to protect yourself and your information, visit BBB.org/AvoidScams.



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Editorial note: Better Business Bureau® serving Eastern Michigan & the Upper Peninsula is a non-profit organization that fights fraud and promotes ethical business practices in the local marketplace through its business accreditation, consumer education and dispute resolution programs. Contact your local BBB by calling (248) 223-9400 or by visiting bbb.org.

Author's note: Portions of this article have been generated by an AI model, but the ideas and underlying gist were generated by a human author. The organization, grammar and presentation may have been enhanced by the use of AI.

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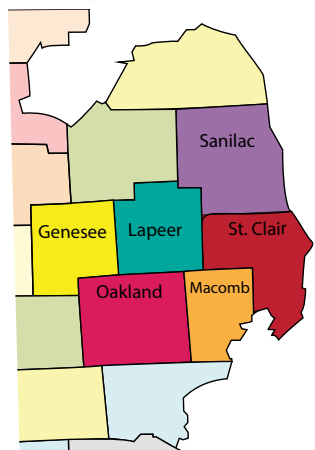


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***** A MONEY QUESTION *****

By Patricia Cosner Kubic *ThumbPrint News* Columnist

When it comes to relationships of any kind, we tend to lean on a few tried and true techniques to maintain, and hopefully, strengthen them. With our partners and friends, being a good listener is such a vital practice – especially when they are telling you their side of the story on the way home from that awkward party. And by the time you get home, the two of you feel heard and closer. With our pets, regular feedings help them feel cared for and soon you’re watching your favorite TV show with your buddy snuggled next to you.

But, what is your approach in a relationship most people don’t talk about – money? We make money decisions almost every day ranging from buying snacks at the gas station to a somewhat expensive sweater to figuring out a tax bill. When you interact with something or someone everyday – yup – you are in a relationship.

So, when it comes to making money decisions, do you have a go-to question to help you make that choice? Do you ask yourself: How many hours did I have to work to buy this thing? Are you too afraid to buy it because you feel

like your emergency fund will never be large enough? Or do you feel: What the heck, I deserve this?

I’ve been at that crossroad many times, just like all of us. Occasionally, when I’m blinded by a shiny object that I strongly believe I must have, I buy it even though I know that it will cause an ugly number on the credit card statement. And the truth is, I still enjoy wearing that bright thing, but the regret doesn’t entirely go away...regret has staying power. But, there have also been other times that I saved my pennies for something special. And the reward I felt of having that money ready when I found that item still lifts me. And that is example of some smokin’ self respect.

When we treat our partners, friends and pets with integrity we have more harmony in our lives and leads to more peaceful days. Our relationship with money is no different – it is such an integral part of our lives: why not think about a few questions to use when considering a purchase? Try it a few times, see how it feels. Who knows maybe you’ll start feeling that bumpy relationship start to smooth out, start to make a little more sense and hopefully, as time goes on, make even a lot more cents. 🍀

You can reach Patricia at pckubic@gmail.com.



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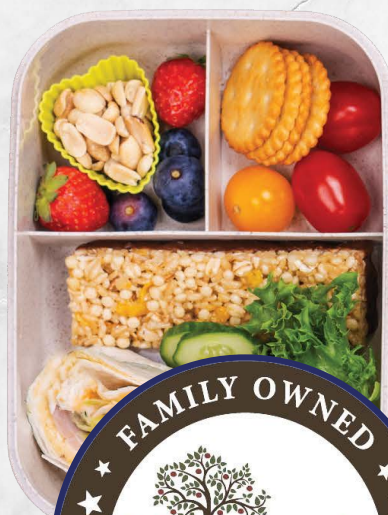
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 its beauty all the days of your life.*

from the Western novel Blood Brother by Elliott Arnold, 1947

THUMBPRINT NEWS CONTEST

Each month, *ThumbPrint News* prints a photo of an object, person or a place for our readers to identify. If you think you know the answer, go to our website www.thumbprintnews.com and enter your answer. Of all persons submitting the correct answer by the 12th of the month, one person will be randomly selected to be entered into a drawing for a wonderful surprise gift at the end of the year! Of those monthly winners, just one will be notified via email that they are the grand prize winner.

For our August 2024 contest, we asked our readers to identify what is pictured to the left. Of the variety of answers we received for this contest, only one person, Dave Loersch of Chesterfield Township, Michigan, correctly identified it as a trampoline spring puller.

The first modern trampoline was built in 1936 by George Nissen and Larry Griswold. According to Wikipedia, George was a gymnastics and diving competitor and Larry was a tumbler on the gymnastics team, both at the University of Iowa.

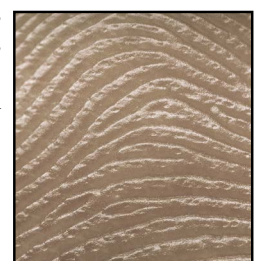
By 1946, trampoline competitions were being held. The first trampoline headquarters opened in Europe in 1957, and in 1964, the International Trampoline Federation was founded. In the 1960s trampolines could be found in parks across the U.S. but had to be phased out



Jumpin' Gymini Jump Center; Oakland, California, photo courtesy of trampolinehistory.blogspot.com

due to injuries caused by improper use. Athletes often use trampolines to train and trampolining became an Olympic sport in the year 2000.

Jumping on a trampoline is not only fun but very good exercise. The more you jump the stronger your bones and muscles in your hips, thighs, arms and stomach become, promoting stability and balance.



For our September 2024 contest, we are wondering if our readers can tell us what we have pictured to the right. If you think you know, visit our website, www.thumbprintnews.com, to answer.



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MONTH _____ YEAR _____

1	2	3	4	5	6	7
<p>On this day in 1914, Martha the last passenger pigeon, dies in captivity in the Cincinnati Zoo.</p> 	<p>On this day in 1973, English writer and philologist, J.R.R. Tolkien, best known for his epic fantasy novels <i>The Hobbit</i> and <i>Lord of the Rings</i>, dies at age 81.</p>	<p>On this day in 1791, the National Constituent Assembly in France forces King Louis XVI to accept the French Constitution of 1791, thus turning the absolute monarchy into a constitutional one.</p>	<p>On this day in 1781, Los Angeles is founded by 44 settlers from central New Spain (modern Mexico).</p>	<p>On this day in 1698, Russian Tsar Peter the Great imposes a tax on beards.</p> 	<p>On this day in 1522, Ferdinand Magellan's Spanish expedition, the first to circumnavigate the globe, returns to Seville without their captain after three years.</p>	<p>On this day in 1822, Prince Dom Pedro declares Brazil's independence from Portugal, leading to a two-year war of independence.</p>
8	9	10	11	12	13	14
<p>On this day in 2022, Queen Elizabeth II dies at 96 years old after ruling for 70 years, as the UK's longest-serving monarch.</p>	<p>On this day in 1776, Congress officially renames the country as the United States of America instead of the "United Colonies".</p>	<p>On this day in 1929, American professional golfer, Arnold Palmer, is born in Latrobe, Pennsylvania.</p> 	<p>On this day in 1928, the first ever TV drama WGY's <i>The Queen's Messenger</i> is broadcast in the New York area, starring Izetta Jewell.</p>	<p>On this day in 1959, <i>Luna 2</i> is launched by the USSR. It is the first spacecraft to impact on the Moon.</p>	<p>On this day in 509 BCE, the temple of Jupiter on Rome's Capitoline Hill is dedicated on the ides of September.</p>	<p>On this day in 1984, the first MTV's Video Music Awards (VMA) ceremony was held at New York City's Radio City Music Hall.</p>
15	16	17	18	19	20	21
<p>On this day in 1981, <i>John Bull</i> becomes the oldest operable steam locomotive in the world when the Smithsonian Institution runs it under its own steam on its 150th birthday.</p>	<p>On this day in 1869, golf's first recorded hole-in-one by Tom Morris takes place at Prestwick's 8th hole in Scotland.</p>	<p>On this day in 1683, Dutch scientist Antonie van Leeuwenhoek is the first to report the existence of bacteria.</p>	<p>On this day in 1769, John Harris of Boston builds the first spinet piano.</p> 	<p>On this day in 1991, Ötzi the Iceman, 5,300-year-old mummy, is discovered by German tourists in the Italian alps – it is the oldest surviving corpse from Europe.</p>	<p>On this day in 1519, Ferdinand Magellan embarks from Spain on a voyage to circumnavigate the world.</p>	<p>On this day in 1947, the "King of Horror" author, Stephen King is born in Portland, Maine.</p> 
22	23	24	25	26	27	28
<p>On this day in 2014, NASA's MAVEN space probe successfully arrives in orbit over Mars, having been launched on November 18, 2013.</p>	<p>On this day in 1962, ABC's first color TV series <i>The Jetsons</i> premieres.</p> 	<p>On this day in 1789, the U.S. Federal Judiciary Act passes, creating a six-person Supreme Court.</p>	<p>On this day in 1237, the Treaty of York is signed between kings Henry III of England and Alexander II of Scotland, which establishes a boundary that is mostly unchanged today.</p>	<p>On this day in 1789, Edmund Randolph becomes the first U.S. Attorney General.</p> 	<p>On this day in 1908, Henry Ford's first Ford Model T automobile leaves the Piquette Plant in Detroit.</p>	<p>On this day in 1981, Olivia Newton-John releases her single "Physical".</p> 
29	30	<h2 style="color: #8B4513;">What Happened On This Day In History?</h2> <h1 style="color: #8B4513; font-family: serif;">SEPTEMBER</h1>				
<p>On this day in 1972, Robert McNamara, former U.S. Secretary of Defense, is almost thrown overboard on a ferry by an artist confronting him on escalating U.S. involvement in the Vietnam War.</p>	<p>On this day in 1934, Babe Ruth's final game as a Yankee goes 0 for 3.</p> 					

Editorial note: This calendar's purpose is to provide entertainment for our readers and to mention lesser-known historical events. We are aware that there also may be well-known events that have happened on these days, and not listing them does not indicate that we are unaware of their importance.

Speak Up *Surpass Your Fears & Pay Your Respects*

By **Bob Jones**, *ThumbPrint News* Columnist

As an acquaintance of the deceased, I chose to sit in the back of the room at the funeral home. The pastor lauded the deceased man for having started many programs in recreation and administering many matters as this college was first incorporated. Several of his colleagues, friends and relatives were present. A distinguished cast of educators and support staff were also in attendance.

I came to pay my respects to this man who had been an avid supporter of my non-profit, summer recreation program for special youth taking place on the college campus. I came to say a silent prayer for him and his family.

For reasons that to this day I cannot explain when the pastor asked if anyone would like to say a few words, an anecdote, a story, I raised my hand and the quiet gentleman in the back came forward. Each step seemed like walking through thick cement. My knees rattled and breathing became a little harder. It seemed the audience was becoming edgy and the silence seemed deafening.

I began speaking.

I am not, nor have I ever been an employee of this college. I, and others, have been fortunate enough to be able to begin a summer program four years ago for a special population. Mr. Al, as he was known to us, oversaw the program. We couldn't have asked for a better or more professional administrator to be in charge. One incident stands out. We were taking our group bowling. We had to walk half a mile to the bowling alley. As the group leader, it was my responsibility to keep track of our students before, during and after. Panic! I came up one person short on the count that day. Where was Angelina? Frantically, I raced back to the gymnasium. Three courts were empty. In the fourth, I witnessed a miracle. Mr. Al was inside the court with an arm around a very upset Angelina's shoulders comforting her. His words were soothing: "It will be all right, you're safe here with me. Mr. Bob will be along shortly. You'll be with your friends again soon."

Upon seeing me, he smiled, turned to Angelina and said "You see, here he is now! He dabbed the tears from her cheeks. Angelina looked up at Mr. Al and said, "Everything all right now, I go bowling." Mr. Al never spoke of this incident, never chided me, knowing my panic was awareness enough.

Those summers were outstanding for me, our staff and a group of special students who were afforded the best, with Mr. Al leading the way.

I left the podium and took my seat. Wondering what in the world had gotten into me to get up and speak to this group of unknown people.

Upon reflection, I take it as a lesson learned. Don't downplay the seemingly innocuous moments. Speak up on these somber occasions to express gratitude, joy or moments of significant meaning to you.

Better yet, speak kindly to those still living of your gratitude, your joy and the world will be a better place for having done so. 🌱



Bob Jones has recently released his second children's book: A Young Soul Maturing During Another Summer in the North Woods on the Big Lake. Available on Amazon.com and Walmart.com or you can email Bob at robertsparty1@gmail.com for a discounted copy from the author.

While not officially a federal holiday, it is a day of national observance to honor the 2,977 victims, their families and the first responders who risked their lives to save others in the September 11th terrorist attack of 2001.

A moment of silence is traditionally observed at 8:46 a.m. with many organizations and establishments holding memorial ceremonies.

Visit www.911day.org/volunteer for more information.

Patriot Day is not the same as Patriots' Day, which is held on April 15th to commemorate the inaugural battles of the American Revolutionary War in 1775.

9/11 PATRIOT DAY
— WE WILL NEVER FORGET —

NOTES FROM OUR READERS

To *ThumbPrint News*,

I love reading *ThumbPrint News* and I was particularly moved by the August 2024 cover story by Robert C. Jones on the 181st Artillery Battalion during WWII. It brought back so many memories and brought to mind my three uncles who served in the war. Two in the Navy and one in the Marines. I was between 5-8 years old at the time and remember my parents, grandparents and other family members talking about the impact it had on all our lives. This story was very meaningful and very very good. I am so glad to have read it.

Loraine D., Chesterfield, MI

Dear Rita MacDonald,

I read with much interest your article about the coffee cup pendulum stopping on your unique and cute Allen Design clock in the August issue. I have a few ideas to pass along to see if that pendulum will swing once again for you. All pendulum clocks, especially the ones with batteries, have to be perfectly level. So, get a small level and place it on the clock to make sure it is "perfectly" level, vertically and horizontally.

See if your coffee cup pendulum keeps swinging after that adjustment. And if that doesn't work, try affixing a thin piece of cardboard or folded paper on the back of the clock at the bottom. This is to bring the clock a little bit away from the wall and the pendulum to hang a bit straighter. I'm keeping my fingers crossed that your little coffee cup swings for many years to come. I have been helping my husband work on clocks for years. Good luck!

Sincerely, Marion M., Jeddo, MI

Dear Mr. Gillis,

I want to thank you for printing the poem by Edgar A. Guest. It was very moving, and I am grateful to you for including it in your article in the August 2024 issue.

Delores K., New Baltimore, MI

Thank you to Loraine, Marion and Delores for all reaching out and sharing your memories and tips and thankfulness! We truly appreciate our readers.

Sincerely, TPN Staff

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GRAM
Continued
from Page 6

were sent in. The *Charles S. Price* was not the only vessel lost on Lake Huron. The 20-member crew of the *Regina* and the 20-member crew of the *Wexford* were also lost. The divers confirmed the mystery ship was the *Charles S. Price*. On Saturday, November 15, 1913, in its reporting on the identity of the shipwreck, the Port Huron *Times Herald* again mentioned Howard Mackley: "Howard M. Mackley, second mate of the steamer *Charles S. Price*, whose body has not been found resided in St. Clair and his wife and relatives are anxiously awaiting some word. They have given up hope that he is alive as the bodies of many of his shipmates have been washed up on the shore."

After Howard's death, Erva moved home with her parents. She attended the St. Clair County Normal School and went back to teaching at Rattle Run School until 1917, when she married her second husband, Oscar G. Dalrymple, on January 2, 1918. Oscar was a Great Lakes Captain who sailed for 47 years during his career. He suffered a nervous breakdown onboard the freighter *Powell Stackhouse* in August 1945, and this forced his retirement. Oscar died in 1948. They had two children, Max Dalrymple and Martha Dalrymple. The family lived at 1512 Sixteenth Street in Port Huron.

In high school, Max was a star basketball player under Coach Brick Fowler at Port Huron High School from 1934-1937. He played first-string center his senior year. He went on to play basketball for Michigan State University until his graduation in 1940. Max went to work for Mueller Brass Company as a metallurgist after graduating from college. He married Norma L. Meisner in February 1942. He served two years in the Navy during WWII. Max died from polio in 1953 at the age



Uncle Dave when he was a child with his dad, Max, next to them is Clara, Gram's mom and Gram

of 35, leaving behind his young wife, Norma, and six young children. One of those children was my wonderful Uncle Dave.

In 1981, Max was inducted into the Port Huron Hall of Fame along with five other individuals from the 1936 YMCA Basketball team. According to the Port Huron *Times Herald*,

"Dalrymple won't be around to accept his honor. He died of polio in 1953, but people who

have followed sports in Port Huron over the years say there weren't many better than Dalrymple as an athlete or individual. The six-foot-three center earned all-state football honors for the Red-Whites in 1934 and 1935. He also received a basketball scholarship from Michigan State." According to his coach Brick Fowler, "Max was one of the finest boys I ever had the honor to coach. He was just a class individual. He was a brilliant student at PH High and Michigan State."

Erva and Oscar's daughter, Martha, married Jerrie Rockwell in 1941 and eventually moved to Harbor Springs, Michigan. But mother and daughter remained close, just as Erva and her mother, Clara, were close. In her notebooks, Erva wrote, "Tuesday, August 15, 1942, "Mama and I drove up to Martha's at Harbor Springs by way of Midland where we stayed overnight. Mama's father used to go up there to what was called the lumber woods to work in the winter and it seemed so far away." In 1971, she wrote, "Jerrie & Martha took me to Florida with them on February 6, 1971. I came home by jet on February 16. They came home on February 27th. When they got here, they found they couldn't go home until the 28th on account of a snowstorm at their home in Harbor Springs. They finally made it home on March 1st."

Erva married for a third time to Elmer Bowie. Elmer was the owner and operator of Bowie Coal Company, a business he ran starting in 1925 until he died in 1965. Elmer grew up in Kimball Township and he attended the Fleming School at Ravenswood and Allen Road. He was often quoted in the Port Huron *Times Herald* discussing the days of the one-room schoolhouse in St. Clair County. In 1963 when the old Fleming School was torn down, Elmer, his son, Shirley, and grandson, Edsel, were highlighted in a news article for having three generations of their family attend the school.

At the age of 93, on January 4, 1981, Erva passed away while in Martha's care in Harbor Springs, but she never gave up her home on Sixteenth Street where most of her life had unfolded. She had raised her beloved children in that house. It was the place where she entertained her family, the space where she welcomed and cared for her grandchildren and great-grandchildren. Though the home is no longer in the family, I am thankful it still stands today. Each time I drive pass, fond memories of another time and place fill me up like Gram's kindness, Lisa's laughter, and my Uncle Dave's charm. Memories that I will hold close and cherish for the rest of my days. It is sacred ground to her family and those who loved and were loved by the extraordinary and remarkable Gram.

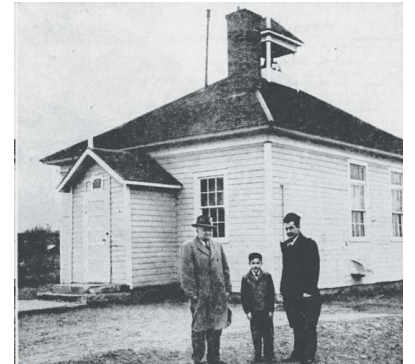


1512 Sixteenth Street, Port Huron, Michigan, (Gram's House today).
Courtesy of Google Maps.

Editorial note: Brenda L. Williams was born and raised in the Port Huron area and is currently a law librarian in Dayton, Ohio. Her recently published book on local history, titled *Pioneers of St. Clair County*, can be purchased on Amazon.com or check with your local library. You can also check out her blog at tappingroots.com.



Photos in the article courtesy of Lisa Dalrymple Stone, unless otherwise stated.



From Left to Right: Elmer, Edsel, and Shirley Bowie in front of the Fleming School. Courtesy of the Port Huron Times Herald



Gram, circa 1979-80

And to Lisa Lee, thank you for a lifetime of friendship, giggles, tears and family. I cherish you and your Gram. Love you cuz! 🌱



Meet Local Author



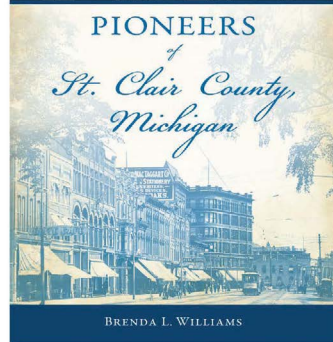
BRENDA L. WILLIAMS

Wednesday, Sept. 18, 2024

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Other Stories by Brenda Williams: [Cinderella's Castle on Military Street](#)



**THIS MONTH WE TRAVEL TO
COSTA RICA
FOR
CHILIGUARO**

By Laura Irwin
ThumbPrint News Staff



Chiliguaro is a spicy shot using guaro, a sugar cane-distilled liquor made in Costa Rica and other Latin American countries. It is imported only into California and Texas at this time. An acceptable substitute here in the U.S. is white rum or vodka. Of course, you can leave out the alcohol all together for a 'virgin' shot. Cacique is probably the best known guaro rum brand. The name comes from the ancient Caribbean Taino language and translates into "Chief of the Tribe".

COSTA RICA IS ONE OF THE HAPPIEST COUNTRIES IN THE WORLD



- In 1949, they abolished their standing army, diverting their funds into education, healthcare and pensions.

- Located in Central America between Nicaragua and Panama, they are part of the Pacific Ring of Fire with over 200 volcanic formations tracing back over 65 million years. 100 of these show signs of activity

but only five are classified as active.

- Over 5.2 million people are living in this country which is 19,700 sq. miles, roughly the size of West Virginia. Their national animal is the sloth and most major radio stations play the national anthem each morning between 6:00 a.m. and 7:00 a.m.



- The Nicoya Peninsula in Costa Rica is home to one of the world's five Blue Zones where people live significantly longer, healthier lives due to diet, social networks, physical activity and a cheerful outlook on life. According to bluezones.com, modern Nicoyan's trace their roots to



the indigenous Chorotega whose traditions have enabled them to remain relatively free of stress. Their traditional diet of fortified maize and beans may be the best nutritional combination for longevity the world has ever known.

- Pura Vida "pure life" is a common greeting in Costa Rica, and it is also a state of mind – the 'vibe' of the nation – to be friendly, welcoming and easygoing. This relaxing, laid-back lifestyle raises their life expectancy to 80 years as opposed to 76.3 years in the U.S.



- With over 500,000 diverse species of wildlife, of which 900 are birds, it is a county dedicated to protecting and preserving its eco-diversity and is on the way to becoming the world's first carbon-neutral nation. They have 12 ecological zones and over 100 national parks, reserves, refuges and protected lands.
- One more fun fact about this happy country is they are home to the world's first zip line.

Author's note: While I was disappointed in not being able to obtain authentic guaro, this shot did have a good flavor and was very good. I feel like the sweeter, lower alcohol content liquor would elevate the flavor above a Bloody Mary, which is what it reminded me of. I don't think I would make this again over an actual Bloody Mary, especially if I all had was the substitute alcohol, but if I ever got the authentic guaro I might give it another go.

INGREDIENTS

- 2 c tomato juice
- 2/3 c Guaro – substitute with vodka, white rum or tequila
- 1/2 c Naranja Agria or lime juice
- 1/2 tsp Lizano sauce – available at Kroger, Walmart, Amazon, etc.
- 1 Tbsp chopped onion
- 1 Tbsp chopped red pepper
- 1 Tbsp chopped cilantro
- 1/4 tsp Tabasco
- 1 tsp sugar
- 1/2 tsp salt
- 1/2 tsp pepper



Blend all the ingredients, strain and store in a glass bottle in the fridge. Serve very cold in shot glasses with a salt-lined rim and a slice of lime.



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We ALL sincerely thank you for aiding our local economy.



If you have an event in October that you would like listed in the October issue of *ThumbPrint News*, email it to ThumbPrintNews@comcast.net by September 12, 2024. There is a small charge for the listing. Before traveling beyond your hometown to attend any of these events, please call ahead for any changes in dates or times or for any cancellations.

GENESEE

NONE THIS MONTH

LAPEER

HADLEY

5 Locally Grown and Ground Hadley Township Offices, 4293 Pratt Rd., doors open at 6:30PM; program starts at 7PM. Join the Hadley Township Historical Society for a program on milling grains by Doug Hodge owner of Stony Croft Farms where a variety of grains are milled and sold commercially in Mayfield Township. This event is open to the public, all ages, and free – but donations are appreciated. For more info visit the Hadley Township Historical Society Facebook page or HadleyHistorical.Eventbrite.com.

20 Pork & Plaid at the Mill Hadley Mill Museum, 3633 S. Hadley Rd., 4PM – 8PM. Kids games on the front lawn and the Mill Museum will be open. Music by Dave Lagness from 6PM – 8PM. Starting at 5PM pulled pork sandwiches, coleslaw and beverages will be available by donation. Free event open to the public. Donations appreciated. Join in the fun and wear plaid. Bring your lawn chairs. In case of rain the event will be held at the Hadley Old Town Hall at 3532 S. Hadley Rd. For more info visit the Hadley Township Historical Society Facebook page or HadleyHistorical.Eventbrite.com.

MACOMB

CHESTERFIELD

7 Blankets with Care Donation Drive Purple Canopy in front of the Motor Café, 33151 23 Mile Rd., 12PM – 5PM. Clothes, shoes, sleeping bags etc. will go to McWarm which gives the items directly to the Homeless. For more info see blanketswithcare.com.

14 Heritage Day at The Chesterfield Historical Village 47275 Sugarbush, 10AM – 4PM. Fun for all ages! Hands on activities, craft show – chesterfieldhistoricalsociety.org. Blankets With Care will have free fun games to play and a chance to win cider & donuts from

Pankiewicz Cider Mill facebook. com/pankiewiczcidemill in Casco! \$1/person donation or \$2/family. For more info see blanketswithcare.com.

CLINTON TWP.

All Month Long Advance Ticket Sales for the Crocker House Museum Cemetery Walk event Oct. 5 at Clinton Grove Cemetery, 21189 Cass Ave., 12PM – 4PM. You will meet firemen and families of the historic Mount Clemens Fire Departments with a guided walking tour through the cemetery. Educational and fun! Tickets are times and must be ordered by Oct. 1st: \$18/member, \$20/non-member. For more info or to order tickets, call (586) 465-2488.

MOUNT CLEMENS

13 Mount Clemens High School All Alumni Nite 15th Annual Reunion Rec Bowl, 40 Crocker Blvd., 5PM. Non-ticket event, cash food and refreshment. For more info call (586) 463-6386 or email drron82@yahoo.com.

ROMEO

10 Symphonia Chorale Recruitment St. John Lutheran Church, 246 Benjamin St. Rehearsals begin on the 12th and meet on Tues from 7PM – 9PM. We don't just sing, we are the song! Join us! If you are seeking a group to express your vocal talent and share in the joy of making music with others, please consider joining the Symphonia Chorale. For more info email Joan at mcintyrejkm@yahoo.com.

OAKLAND

NONE THIS MONTH

ST. CLAIR

ALGONAC

All Month Long Algonac-Clay Twp. Historical Society Ticket Sales for the Larger than Life Cash Raffle tickets sold by the ACHS members. Raffle drawing on October 22 at the Annual Spaghetti Dinner (need not be present to win). Only a few tickets left! \$100/ticket. 1st prize: \$10,000, 2nd prize: \$3,000 and 3rd prize: \$2,000! Federal and

state tax will be withheld. For more info call Paula at (810) 794-9641 or email paulaburgess@comcast.net.

3 Woman's Life Chapter 883 Meeting Church of Christ, 1601 St. Clair River Dr., 6PM. Everyone is welcome, and we're always looking for new members. For more info contact Paula at paulaburgess@comcast.net, (810) 278-4466 or (810) 794-9641.

15 & 29 Algonac-Clay Township Historical Society Programs Maritime Museum, 1117 St. Clair River Dr., 3PM. Join us the 15th for Bob Williams' presentation on Harsens Island's geological, political, social, shipping and recreational history. And on the 29th for Gerry Clark's Blue Water Heritage Trail program about automobiles, boats and engines from New Baltimore to the Thumb. For more info call (810) 794-9641 or email paulaburgess@comcast.net.

CASCO

28 Blankets With Care 1st BBQ Tasting & BBQ Fest Fundraiser Michigan Meadows Golf Course, 4575 County Line Rd., 12PM – 4PM. \$20/ticket gets you a Rib from 4 Food Trucks. You vote on the Best BBQ Ribs. Other food available for purchase. Beer tent & 50/50 drawing & raffle. DJ services sponsored by Mr. Joe the Magic Man's Ultimate Entertainment. To purchase tickets or for more info see blanketswithcare.com.

EMMETT

12-14 29th Annual Rummage Sale Our Lady of Mt. Carmel Catholic Church, 10828 Brandon Rd. 9AM – 6PM THUR and FRI, 9AM – 12PM SAT (\$2 Bag). Donation drop-off days Sept. 7-10, 10AM – 4PM. Sponsored by the Daughters of Isabella #452 & K of C #7918. For more info call Beth at (810) 434-2815.

MARINE CITY

28 Spaghetti Dinner Fundraiser Living Faith Lutheran Church, 310 S. Parker St., 5PM – 7PM. Join us for our first fundraiser! We'll have spaghetti, with/without meatballs, garden salad, garlic

toast, beverage and dessert. \$10/ adult, \$4/child under 12. Take Out orders also available. To purchase tickets or for more info email livingfaithlutheranmc@gmail.com or call (810) 765-8440.

PORT HURON

28 Lakeside Cemetery Tour meeting at the Mausoleum, 3663 10th Ave., 11AM. Join the St. Clair County Genealogy & History Society and the Port Huron Parks Recreations Department for a guided tour of the final resting places of some of Port Huron's most prominent citizens. Tour is free for all ages! Registration is recommended but not required. Donation will be accepted for St. Clair County Allied Veterans Honor Guard. This event is sponsored by Pollock-Randall Funeral Home, Foam All Spray Insulation and Concrete Lifting, Fieldhouse Sports Bar & Kitchen, Ainsworth Door Inc. and Lincoln Granite. For more info and to register, visit porthuronrec.com.

ST. CLAIR

7 Euchre Tournament Hosted by Cornell Marysville Chapter #93 OES St. Clair Masonic Temple, 1800 St. Clair Hwy., doors open at 12:30PM, play starts at 1PM. This event is open to the public and admission is \$10. We'll also have refreshments, door prizes and a 50/50 drawing. Don't miss out on this fun event! For more info call Diane at (586) 337-2729.

YALE

22 Annual Harvest Roast Beef Dinner Sacred Heart Church, 310 North Main St., 11AM – 3PM. Buffet includes: Roast Beef, mashed potatoes & gravy, vegetables, coleslaw, rolls, macaroni & cheese, homemade desserts and drinks. \$15/adult, \$7/child (6-12 yrs.), 5 and under FREE. We'll also have Basket Raffles and a Sweets and Treats Sale. For more info call (810) 304-0290.

SANILAC

NONE THIS MONTH



WHEN YOU'VE GOTTA GO, WE'RE THE ONE YOU NEED TO KNOW!

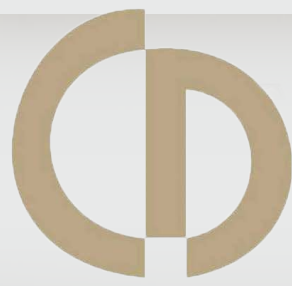
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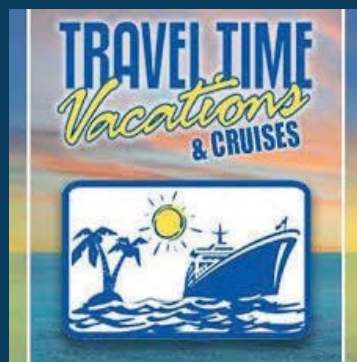
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Contact me for detailed flyer & more information

Book your 'bucket list' trip with confidence through Travel Time Vacations & Cruises

Life moves pretty fast, and everyone is keenly aware of that. It's never too late to plan your trip of a lifetime, until things change, and it becomes too late.

Travel expert Jeffrey Leonardi of Travel Time Vacations & Cruises says the best thing you can do is book your bucket list trip or tour now, and do it with confidence through a professional who knows what it takes to get you there and back safely with minimal risk of hassle abroad or loss before you depart due to unforeseen circumstances.

Through Travel Time Vacations & Cruises, Leonardi is now booking all tours and cruises including but not limited to "Cuba Discovery" starting in February 2025, "A Culinary Journey through Tuscany & Florence" in April 2025, the "Iceland Explorer" in May/June 2025, and the "Burgundy & Proven France River Cruise" in October 2025 on a chartered boat. These are all including Round-trip Air from Detroit Metropolitan Airport (DTW).

Leonardi brings 28 years of travel booking experience to the table for his clients. As a former talent agent for a roster of stars from classic Hollywood in his life before travel, he's programmed to mind every detail to ensure his clients are well taken care of.

"We are booking groups next year, and we are looking for anyone who has a group that we can get a discounted rate for," Leonardi said. "If someone has a group and they can get me a minimum of 32 people, one couple would go for free."

Concierge services included cancellation for medical emergencies or pre-existing conditions through insurance at the time of deposit. Clients also get the benefit of Leonardi's expertise at planning trips and tours.

"I don't charge a fee for my services, with the exception of domestic air travel," Leonardi said. "There's never a service charge. I offer all of it at no charge."

To inquire about booking your bucket list trip or tour through Travel Time Vacations & Cruises, call (586) 323-6100 or visit www.586travel.com.

Toll-free number: 1-800-969-9034